

Coaching

Audience

Any individual who feels able to benefit from a continuous process of developing their performances.

Aim

To facilitate the performance, learning or development of an individual.

Objectives

- Improve personal and organisational performances and effectiveness
- Improve working relationships and morale
- Aid staff retention
- Develop staff ability to cope with change
- Improve communication
- Identify skills and weakness
- Develop individual skills confidence and competence and skills acquisition.
- Develop ability to identify key transferable skills

Course Length: - 6 x 2 sessions

in
the
spirit

enabling
individuals and
organisations to
enhance their
performance